

LE PETIT DEJEUNER

- 1. DEJEUNER EN TERRASSE** \$6.85
FRENCH BAGUETTE, BUTTER, JAM & 1 PLAIN CROISSANT
- 2. CREPE, PANCAKE OR WAFFLE BREAKFAST** \$15.65
BUTTER & SUGAR CREPE, PANCAKE OR WAFFLE, 2 EGGS ANY STYLE, BACON & 1 SIDE OF FRUITS
- 3. AMERICAN BREAKFAST** \$11.85
BACON, 2 EGGS ANY STYLE, CHOICE OF : SAUSAGE OR BRISKET, & 1 SIDE OF DICED FRIED POTATOES OR HASHBROWN
- 4. CROISSANT BREAKFAST** \$14.60
HOT CROISSANT SANDWICH WITH SWISS CHEESE, BACON & 2 SCRAMBLED EGGS & 1 SIDE OF DICED FRIED POTATOES OR HASHBROWN
ADD SPINACH, ONION, HAM OR TOMATOES +\$1.30
ADD SMOKED SALMON*, BRISKET, BRIE, PROSCIUTTO, GOAT CHEESE, OR AVOCADO +\$2.30
- 5. TARTINE GOURMANDE**  \$16.75
OPEN FACED SANDWICH WITH AVOCADO, SMOKED SALMON* & 2 SCRAMBLED EGGS & 1 SIDE OF YOUR CHOICE*
- 6. CROISSANT FRENCH TOAST** \$12.50
CROISSANT FRENCH TOAST MADE WITH DULCE DE LECHE SERVED WITH A SIDE OF FRUITS
- 7. CROISSANT FRENCH TOAST GOURMAND** \$14.90
NUTELLA CROISSANT FRENCH TOAST WITH STRAWBERRIES, BANANA & WHIPPED-CREAM

COFFEE | TEA

- COFFEE** \$3.15
- COLDBREW** \$3.15
- COLD BREW LATTE** \$4.60
- ESPRESSO / DBLE** \$3.05/4.60
- CAPPUCCINO / DBLE** \$4.60/5.60
- ICED CAPPUCCINO** \$5.60
- LATTE / DBLE LATTE** \$4.60/5.60
- ICED LATTE** \$4.60
- AMERICANO** \$3.95
- CHAI LATTE** \$5.60
- CAFE MOCHA** \$5.80
- HOT CHOCOLATE** \$4.20
- CAFE CREME** \$3.35
- COFFEE FLAVOR** \$1.60
VANILLA, HAZELNUT, ALMOND & CARAMEL
- ORGANIC TEA** \$4.80
BREAKFAST TEA | LAVENDER ROOIBOS | EARL GREY, | SEICHA GREEN TEA, | PEPPERMINT, | CHAMOMILLE | GOJI GREEN | SELBY ROOIBOS
- CABERNET LATTE** \$16.90
CABERNET WINE | CHOCOLATE | FRENCH ROASTED COFFEE | MILK | AGAVE | CHANTILLY



ORGANIC COFFEE & MILK SUBSTITUTE : ALMOND, OAT OR SOY

OMELETTE

SERVED WITH FRESH BREAD & ONE SIDE OF YOUR CHOICE : HOMEMADE SOUP | DICED FRIED POTATOES | HASHBROWN | FRUITS | HOUSE SALAD | CAESAR SALAD (+\$1.50)
EGGS WHITE OPTION AVAILABLE. 

\$8.90

ADD +\$1.30 PER ITEM : HAM | BACON | CHICKEN | BRISKET | SWISS CHEESE | MOZZARELLA CHEESE | SAUSAGE | TURKEY | ONION | BLUE CHEESE | SPINACH | MUSHROOM | POTATOES | BELL PEPPERS | WALNUT | PESTO | TOMATOES | TUNA | FETA | CHEDDAR CHEESE

ADD +\$2.50 PER ITEM : SMOKED SALMON* | GOAT CHEESE | PROSCIUTTO | BRIE CHEESE | ROASTBEEF | AVOCADO

EGGS BENEDICT

TOASTED FRESH BAKED CROISSANT, 2 POACHED EGGS, WITH HOMEMADE HOLLANDAISE SAUCE WITH A SIDE OF YOUR CHOICE : HOMEMADE SOUP | DICED FRIED POTATOES | HASHBROWN | FRUITS | HOUSE SALAD | CAESAR SALAD (+\$1.50)

& ONE INGREDIENT OF YOUR CHOICE :

HAM | BACON | SMOKED SALMON* | SPINACH | TOMATOES PROVENÇALES | ROASTED MUSHROOM | CHEDDAR CHEESE | PROSCIUTTO | BRISKET | ROASTBEEF | VEGGIES (BELL PEPPERS, ONION, TOMATOES) | SWISS CHEESE | TUNA | CHICKEN CURRY | CHICKEN SALAD

ADD+\$2 FOR ADDITIONAL INGREDIENT. COMPLEMENTARY CAPERS.

\$14.95

CHOOSE TRUFFLE EGGS BENEDICT WITH TRUFFLE HOLLANDAISE +\$2.50

GLUTEN FREE OPTION : +\$2 FOR GLUTEN FREE ENGLISH MUFFIN 

WINE | COCKTAIL

- SANGRIA** \$12.90
- MIMOSA** \$8.50
- APEROL SPRITZ** \$16.90
VEUVE PARISOT | SPARKLING WINE | APEROL | CLUB SODA | FRESH ORANGE
- BLOODY MARY** \$9.50
- MIMOSA MARGARITA** \$14.90
MARGARITA | FRENCH SPARKLING WINE
- JACQUELINE** \$14.90
VEUVE PARISOT SPARKLING WINE | LEMONADE | GRENADINE
- HOUSE WINE (GLASS)** \$10.50
MERLOT, CHARDONNAY, CAB. SAUVIGNON, PINOT GRIGIO, SAUVIGNON, ROSE, BORDEAUX (+\$2)

BEVERAGES

- JUICE** \$3.90
ORANGE, CRANBERRY, PINEAPPLE OR APPLE
- PERRIER** \$3.95
- ICED TEA** \$3.80
- SOFT DRINKS** \$3.50
COKE, DIET COKE, SPRITE, LEMONADE...
- SPORTS DRINKS** \$3.95
- SAN PELLEGRINO 1L** \$7.00

WE PROUDLY SERVE LOCAL FREE RANGE EGGS



GLUTEN FREE



VEGETARIAN



HEALTHY

PANCAKES | CREPES OR WAFFLE

CHOOSE YOUR TREAT : PANCAKES , CREPE OR WAFFLES

1.CLASSIQUE \$7.30
BUTTER & SUGAR
ADD +\$1.50 FOR PEANUT BUTTER, JAM OR BANANA

2.PB & J \$11.05
PEANUT BUTTER & STRAWBERRY PRESERVES

3.FRENCH NUTELLA \$10.45
NUTELLA SPREAD
ADD +\$1.50 FOR PEANUT BUTTER, ALMOND, WALNUT OR BANANA

4.SAVOUREUSE \$11.05
NUTELLA, BANANA & WHIPPED CREAM

5.FRAISIERE \$13.55
FRESH STRAWBERRIES & WHIPPED CREAM


6.GOURMANDE \$14.60
NUTELLA, BANANA, STRAWBERRIES, & WHIPPED CREAM.

7.ROYALE \$15.65
NUTELLA, ALMONDS, VANILLA ICE CREAM AND DULCE DE LECHE
ADD +\$1.50 FOR PEANUT BUTTER, OR JAM

APPETIZER

SOUP OF THE DAY  \$8.90
HOMEMADE & FRESH SOUP EVERY DAY.

PLATEAU DE FROMAGES   \$32
SELECTION OF FRENCH CHEESES TO SHARE
ASK YOUR WAITER


PLATEAU DELICIEUX  \$32
SELECTION OF FRENCH CHEESES & CHARCUTERIE TO SHARE .ASK YOUR WAITER

QUICHES

CHOOSE ONE SIDE : HOMEMADE SOUP | DICED FRIED POTATOES | HASHBROWN | FRUITS | HOUSE SALAD | CAESAR SALAD (+\$1.50)

1.LORRAINE \$14.85
BACON & SWISS CHEESE

2.MADEMOISELLE \$15.50
SMOKED SALMON*, SPINACH, GOAT CHEESE & DRIED TOMATOES

3.VEGETARIENNE  \$15.20
MUSHROOM, BELL PEPPER, SPINACH & ONION

WHOLE QUICHE AVAILABLE \$45
ASK YOUR WAITER

SIDES

CHOOSE ONE :

CHICKEN SALAD | TUNA SALAD | HAM | \$6.85 each

BACON | SAUSAGE | BRISKET | GRILLED CHICKEN | TURKEY | SWISS CHEESE | GOAT CHEESE | BLUE CHEESE | SWISS CHEESE

SMOKED SALMON* | BRIE, PROSCIUTTO | ROASTBEEF \$7.95 each

DICED FRIED POTATOES | HASHBROWN | HOUSE SALAD | FRESH FRUITS | SPINACH | TOMATOES | MUSHROOM \$5.95 each



WE PROUDLY SERVE ALL
NATURAL CHICKEN AND MEATS
FROM LOCAL FARM


COLD SANDWICHES

CHOOSE YOUR BREAD : CROISSANT OR FRENCH BAGUETTE OR MULTIGRAIN BAGUETTE
CHOOSE ONE SIDE : HOMEMADE SOUP | DICED FRIED POTATOES | HASHBROWN | FRUITS | HOUSE SALAD | CAESAR SALAD (+\$1.50)

1.PARISIEN \$10.45
HAM, SWISS CHEESE & BUTTER

2.SARTHOIS \$15.20
DUCK PATÉ, & PICKLES

3.BLT \$15.20
BACON, LETTUCE, TOMATOES, MAYONNAISE & HARD BOILED EGGS. ADD +\$2 : TURKEY-OR HAM

4.NIÇOIS  \$12.55
TOMATOES, MOZZARELLA & BASIL

5.MADEMOISELLE  \$16.85
NORWEGIAN SMOKED SALMON*, CREAM CHEESE, BASIL, CAPERS AND OLIVE OIL

6.DIEPPOIS \$14.20
TUNA SALAD, TOMATOES, & MIXED GREENS

7.ALOUETTE \$15.20
PROSCIUTTO, MOZZARELLA, OLIVE OIL & TOMATOES

8.BRIARD \$16.85
PROSCIUTTO, BRIE, TOMATOES & LETTUCE



9.POULETTE \$15.20
HOMEMADE CHICKEN SALAD & TOMATOES

10.ROSBIF \$16.85
ROASTBEEF, CARAMELIZED ONION, SWISS CHEESE, & MUSTARD



WE PROUDLY USE
ORGANIC OLIVE OIL
(ZARZIS)

SAVORY CREPES

CHOOSE YOUR FLOUR : WHITE FLOUR OR GLUTEN FREE & ORGANIC BUCKWHEAT  
CHOOSE ONE SIDE : HOMEMADE SOUP | DICED FRIED POTATOES | HASHBROWN | FRUITS | HOUSE SALAD | CAESAR SALAD (+\$1.50)

\$8.90

ADD +\$1.30 PER ITEM : HAM | BACON | CHICKEN | BRISKET | SWISS CHEESE | MOZZARELLA CHEESE | SAUSAGE | TURKEY | ONION | BLUE CHEESE | SPINACH | MUSHROOM | POTATOES | BELL PEPPERS | WALNUT | PESTO | TOMATOES | TUNA | FETA | CHÉDDAR CHEESE


ADD +\$2.50 PER ITEM : SMOKED SALMON* | GOAT CHEESE | PROSCIUTTO | BRIE CHEESE | ROASTBEEF | AVOCADO

SPECIALITIES CREPES

1.SAINT-MALO
TUNA, SWISS CHEESE, OLIVES, TOMATOES IN A CREAMY WHITE SAUCE
\$15.65

2.QUIMPER
SMOKED SALMON*, WALNUT, GOAT CHEESE, SPINACH IN A CREAMY SAUCE
\$16.50

3.COQ BRETON
CHICKEN, MUSHROOM & SPINACH IN A CREAMY WHITE SAUCE
\$15.65

4.RATATOUILLE 
CHICKEN, & SAUCE BASQUAISE (BELL PEPPERS, ONION, TOMATOES) & SWISS CHEESE
\$15.65



GLUTEN FREE



VEGETARIAN



HEALTHY

SALADS

ADD CHICKEN = \$5.95 | ADD BRIE OR PROSCIUTTO
OR SMOKED SALMON * = \$7.95

SERVED WITH FRESH BREAD & HOMEMADE
VINAIGRETTE

1. CAESAR SALAD

\$10.45

LETTUCE, PARMESAN CHEESE, HOMEMADE
CROUTONS & CAESAR SALAD DRESSING

2. COBB SALAD \$15.75

LETTUCE, TOMATOES, BACON, TURKEY, HARD-
BOILED EGGS, AVOCADO, & BLUE CHEESE

3. MADEMOISELLE SALAD \$19.05

SMOKED SALMON*, CAPERS, ONION, HARD-BOILED
EGGS, AVOCADO TOMATOES, LETTUCE, MIXED
GREENS & CREAM CHEESE

4. SALADE LYONNAISE \$17.75

POACHED EGGS, PARMESAN CHEESE, DICED FRIED
POTATOES, GRILLED ONION, BACON, LETTUCE,
MIXED GREENS

5. LA BONNE SANTE \$15.75

MUSHROOM, ARTICHOKE HEART, AVOCADO, ONION,
TOMATOES, ROASTED BELL PEPPERS, LETTUCE &
MIXED GREENS

6. LA NIÇOISE \$15.75

ANCHOVIES, TUNA, BOILED POTATOES, ONION,
TOMATOES, HARD BOILED EGGS, LETTUCE &
MIXED GREENS

7. LA FRAICHEUR \$15.75

GOAT CHEESE, STRAWBERRIES, OLIVE, WALNUT,
LETTUCE & MIXED GREENS

8. LA JAMBON DE PAYS \$15.75

PROSCIUTTO, TOMATOES, MOZZARELLA, OLIVES,
ARTICHOKE HEART, ROASTED BELL PEPPERS, MIXED
GREENS & LETTUCE

9. L'EVASION \$16.25

CHICKEN CURRY, OLIVES, TOMATOES, ARTICHOKE
HEART, MIXED GREENS & LETTUCE



WE PROUDLY SERVE ALL
LOCALLY GROWN LETTUCE &
MICROGREENS
(NO PESTICIDES)
ORGANIC

PANINIS

CHOOSE ONE SIDE : HOMEMADE
SOUP | DICED FRIED POTATOES |
HASHBROWN | FRUITS | HOUSE
SALAD | CAESAR SALAD (+\$1.50)

1. PANINI-ST MICHEL \$13.20

SWISS CHEESE & HAM

2. PANINI 3 MEATS \$17.30

TURKEY, PROSCIUTTO, HAM,
TOMATOES, SWISS CHEESE &
MUSTARD

3. PANINI PROVINS \$15.75

BRIE, APPLE & SPINACH

4. PANINI \$17.30

CHICKEN, TOMATOES, BACON,
PARMESAN CHEESE & PESTO

5. PANINI TROCADERO \$17.30

BRIE, BACON & ONION

6. PANINI LAFAYETTE \$17.30

TOMATOES, MOZZARELLA,
PROSCIUTTO & PESTO

HOT SANDWICHES

CHOOSE ONE SIDE : HOMEMADE SOUP | DICED
FRIED POTATOES | HASHBROWN | FRUITS | HOUSE
SALAD | CAESAR SALAD (+\$1.50)

1. CROQUE MONSIEUR \$15.75

TOASTED SANDWICH WITH HAM & SWISS
CHEESE TOPPED WITH BECHAMEL SAUCE
ADD \$1.80 FOR TRUFFLE BECHAMEL SAUCE

2. CROQUE MADAME \$17.35

CROQUE MONSIEUR WITH EGG SUNNY SIDE UP
ADD \$1.80 FOR TRUFFLE BECHAMEL SAUCE

3. CROQ'EN BRIE \$18.35

TOASTED SANDWICH WITH HAM & BRIE
CHEESE TOPPED WITH BECHAMEL SAUCE.
ADD \$1.80 FOR TRUFFLE BECHAMEL SAUCE
OR FOR EGG SUNNY SIDE UP

4. CROQUE MADEMOISELLE \$18.35

TOASTED SANDWICH WITH SMOKED SALMON* &
SWISS CHEESE TOPPED WITH BECHAMEL SAUCE
ADD \$1.80 FOR TRUFFLE BECHAMEL SAUCE
OR FOR EGG SUNNY SIDE UP

5. TRUFFLE CROQUE MUSHROOM \$17.05

TOASTED SANDWICH WITH SAUTEED
MUSHROOM & SWISS CHEESE TOPPED
WITH TRUFFLE BECHAMEL SAUCE
ADD +\$2 : TURKEY OR HAM


6. HOT BRIE & HAM \$17.35

CROISSANT
TOASTED CROISSANT WITH HAM COVERED WITH
MELTED BRIE CHEESE

7. HOT SWISS & HAM \$16.80


CROISSANT
TOASTED CROISSANT WITH HAM COVERED
WITH MELTED SWISS CHEESE

WRAP | CLUB SANDWICHES

CHOOSE YOUR BREAD : GLUTEN FREE WRAP  OR CLUB SANDWICH
CHOOSE ONE SIDE : HOMEMADE SOUP | DICED FRIED POTATOES | HASHBROWN | FRUITS | HOUSE SALAD |
CAESAR SALAD (+\$1.50)

1. TOUR EIFFEL

CHICKEN, AVOCADO,
TOMATOES, BACON,
LETTUCE & CAESAR
SALAD DRESSING

\$15.20 

2. ARC DE TRIOMPHE

HOMEMADE CHICKEN
SALAD, TOMATOES,
LETTUCE

\$15.20

3. NOTRE DAME

BACON, LETTUCE,
TOMATOES, MAYONNAISE
& HARD BOILED EGGS
ADD +\$2 : TURKEY OR
HAM OR ROASTBEEF

\$12.85

4. LOUVRE

AVOCADO, TOMATOES,
MOZZARELLA & PESTO
ADD +\$2 : TURKEY OR
HAM OR ROASTBEEF

\$12.85

5. BASTILLE

CHICKEN CURRY,
TOMATOES, LETTUCE

\$15.20



GLUTEN FREE



VEGETARIAN



HEALTHY

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.